

EXPENSE ALLOWANCES

Meals:

Breakfast- \$ 15.00

Lunch- \$ 15.00

Dinner- \$ 30.00

Per Diem-

Per diem payments are flat rate amounts paid when members are away on an overnight basis.

Per diems for travel will include:

1. hotel /accommodation costs
2. meal costs

ADSAB will pay for incidental expenses for public transit, taxi's and parking based on the submission of a receipt.

The per diem includes all other directly related or indirectly related costs associated being away from their home overnight on Board business.

Per diems will be reduced by the relevant amount for meals not taken or meals provided by a third party.

MILEAGE CHART – ONE WAY ONLY

FROM EASTERN OFFICES/BASES			FROM NORTHERN OFFICES/BASES		
From	To	Mileage	From	To	Mileage
ELLIOT LAKE	Blind River	60	WAWA	Elliot Lake	432
	Thessalon	117		Blind River	365
	St. Joseph's Island	176		Thessalon	317
	Wawa	432		St. Joseph's Island	256
	Dubreuilville	507		Dubreuilville	75
	White River	517		White River	95
	Hornepayne	614		Hornepayne	193
BLIND RIVER	Elliot Lake	60	DUBREUILVILLE	Elliot Lake	507
	Thessalon	58		Blind River	440
	St. Joseph's Island	117		Thessalon	390
	Wawa	365		St. Joseph's Island	331
	Dubreuilville	440		Wawa	75
	White River	450		White River	85
	Hornepayne	555		Hornepayne	183

THESSALON	HO to SSM Airport	119	WHITE RIVER	Elliot Lake	517
	Elliot Lake	117		Blind River	450
	Blind River	58		Thessalon	400
	St. Joseph's Island	59		St. Joseph's Island	341
	Wawa	317		Wawa	95
	Dubreuilville	390		Dubreuilville	85
	White River	400		Hornepayne	97
Hornepayne	497				
ST. JOSEPH'S ISLAND	Elliot Lake	176	HORNEPAYNE	Elliot Lake	614
	Blind River	117		Blind River	555
	Thessalon	59		Thessalon	497
	Wawa	256		St. Joseph's Island	438
	Dubreuilville	331		Wawa	193
	White River	341		Dubreuilville	183
	Hornepayne	438		White River	97